

STATE OF MINNESOTA



Proclamation



- WHEREAS: Chronic Fatigue Syndrome is a serious, long-term illness characterized by incapacitating fatigue and a combination of other symptoms which significantly reduce daily activity, including impaired concentration and short-term memory, malaise, tender lymph nodes, sore throat, unrefreshing sleep and muscle or joint pain; and
- WHEREAS: People who have Chronic Fatigue Syndrome may endure a variety of debilitating symptoms and become exhausted with only light physical exertion, which can affect their performance on the job, in school or family responsibilities as well as limiting their participation in hobbies, social and other pleasurable activities; and
- WHEREAS: Chronic Fatigue Syndrome is often misunderstood because very little is known about this disabling disorder, no diagnostic test exists, the cause and effective treatments have not yet been identified, and many people including some physicians are unfamiliar with or skeptical about the syndrome; and
- WHEREAS: People with Chronic Fatigue Syndrome are often faced with tremendous ongoing challenges along with major losses, such as unwelcome physical limitations, lack of validation and compassion for an "invisible" illness, unemployment and difficulty obtaining disability benefits, and strained or terminated relationships; and
- WHEREAS: The volunteers of the Chronic Fatigue Syndrome Association of Minnesota are dedicated to improving the quality of life for people affected by CFS by providing critical support and educational opportunities for patients and their families, raising awareness of the syndrome among the general public and the medical community, and funding research to help find the cause, effective treatments and cure;

NOW THEREFORE, I, ARNE H. CARLSON, Governor of the State of Minnesota, do hereby proclaim month of March, 1995 to be

CHRONIC FATIGUE SYNDROME AWARENESS MONTH

in Minnesota.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this first day of March in the year of our Lord one thousand nine hundred and ninety-five and of the State the one hundred and thirty-sixth.

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Arne H. Carlson
GOVERNOR

Jan A. Grone
SECRETARY OF STATE