



STATE of MINNESOTA

Proclamation

- WHEREAS: Currently, eight million women in the U.S. are living with heart disease, yet only one in five American women believes that heart disease is her greatest health threat; and
- WHEREAS: Ninety percent of women have one or more risk factors for developing heart disease; and
- WHEREAS: While one in thirty American women dies from breast cancer each year, one in three dies of cardiovascular disease; and
- WHEREAS: Cardiovascular disease claims the lives of over 419,000 American females each year, almost 1 death per minute; and
- WHEREAS: Nearly as many women die of heart disease, stroke, and other cardiovascular diseases as they do the next three leading causes of death combined, including all cancers; and
- WHEREAS: In women, heart disease is too often a silent killer. In a recent survey, less than a third of women reported any early warning signs, such as chest pain or discomfort, before a heart attack; and
- WHEREAS: Women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than they are if someone else is having a heart attack; and
- WHEREAS: "Go Red for Women" is the American Heart Association's national call to increase awareness about heart disease, and to inspire women to take charge of their heart health.

NOW, THEREFORE, I, MARK DAYTON, Governor of Minnesota, do hereby proclaim February 3, 2012 to be:

WEAR RED DAY

in the State of Minnesota, and urge all citizens to show their support for women and the fight against heart disease day by wearing of the color red. By increasing awareness, speaking up about heart disease, and empowering women to reduce their risk for cardiovascular disease, we can save thousands of lives each year.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 30th day of January.

GOVERNOR

SECRETARY OF STATE



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